

Practical Pitfalls of OCT in Plaque Characterization: SA vs. ACS

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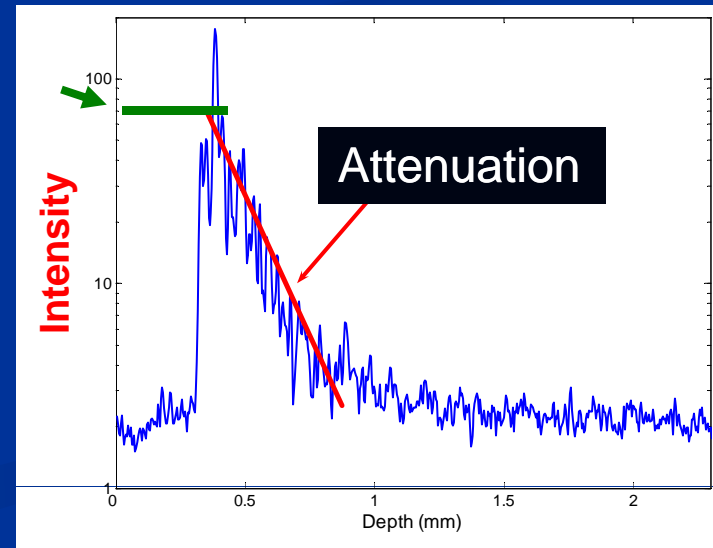
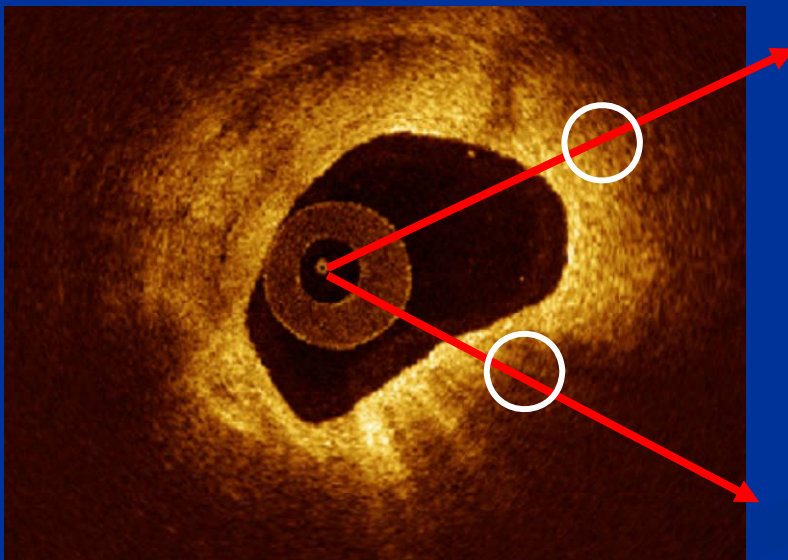
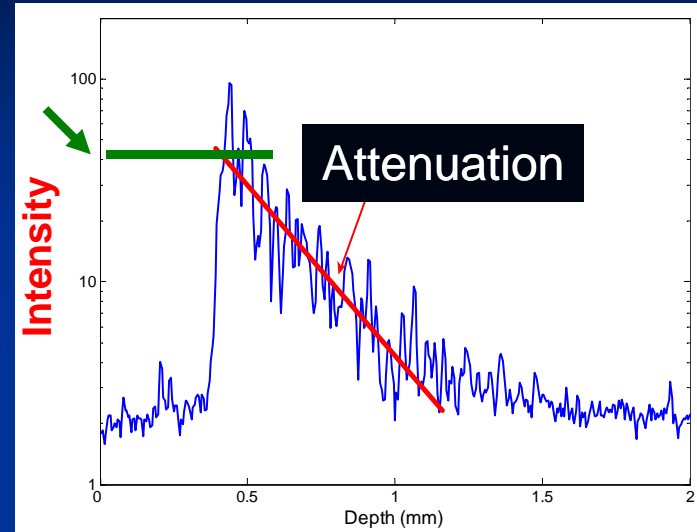
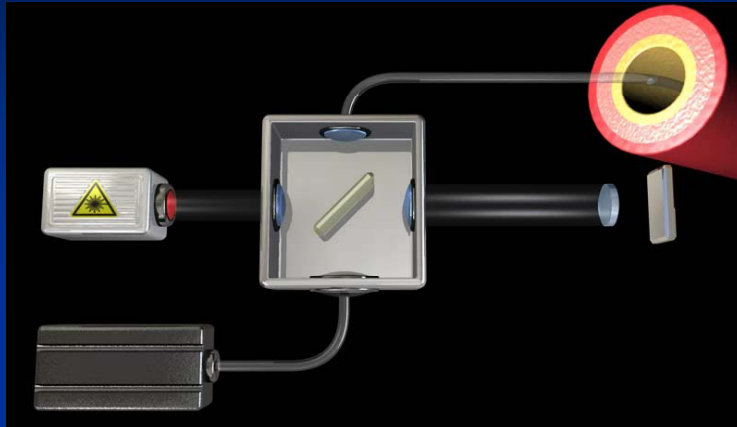
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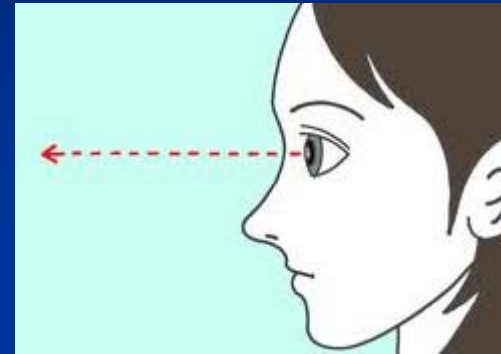
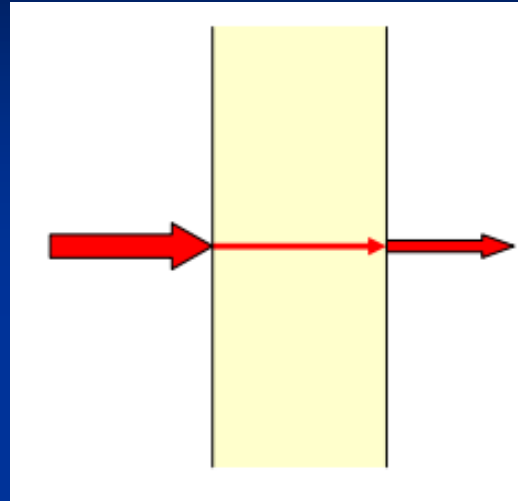
1. Plaque characterization in ACS pts
2. Plaque characterization in SA pts
3. Pitfalls and artifacts

OCT Image Features

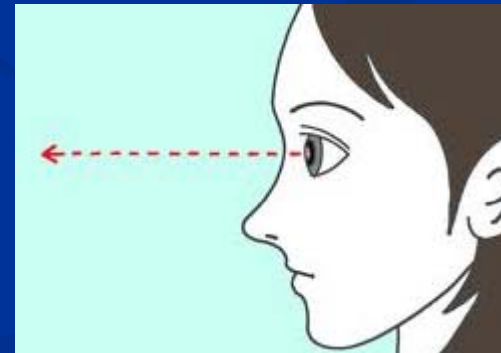
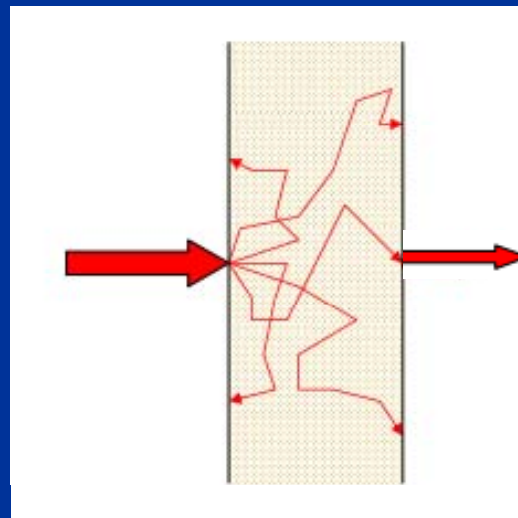


Light attenuation

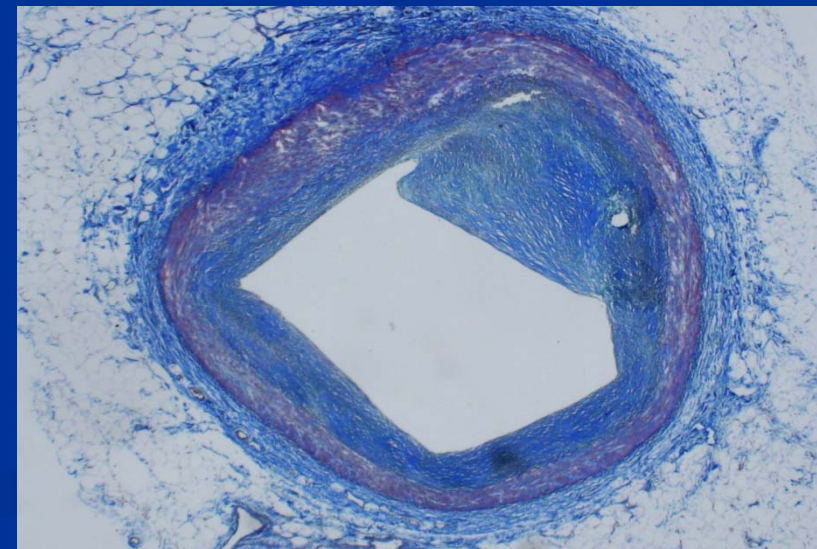
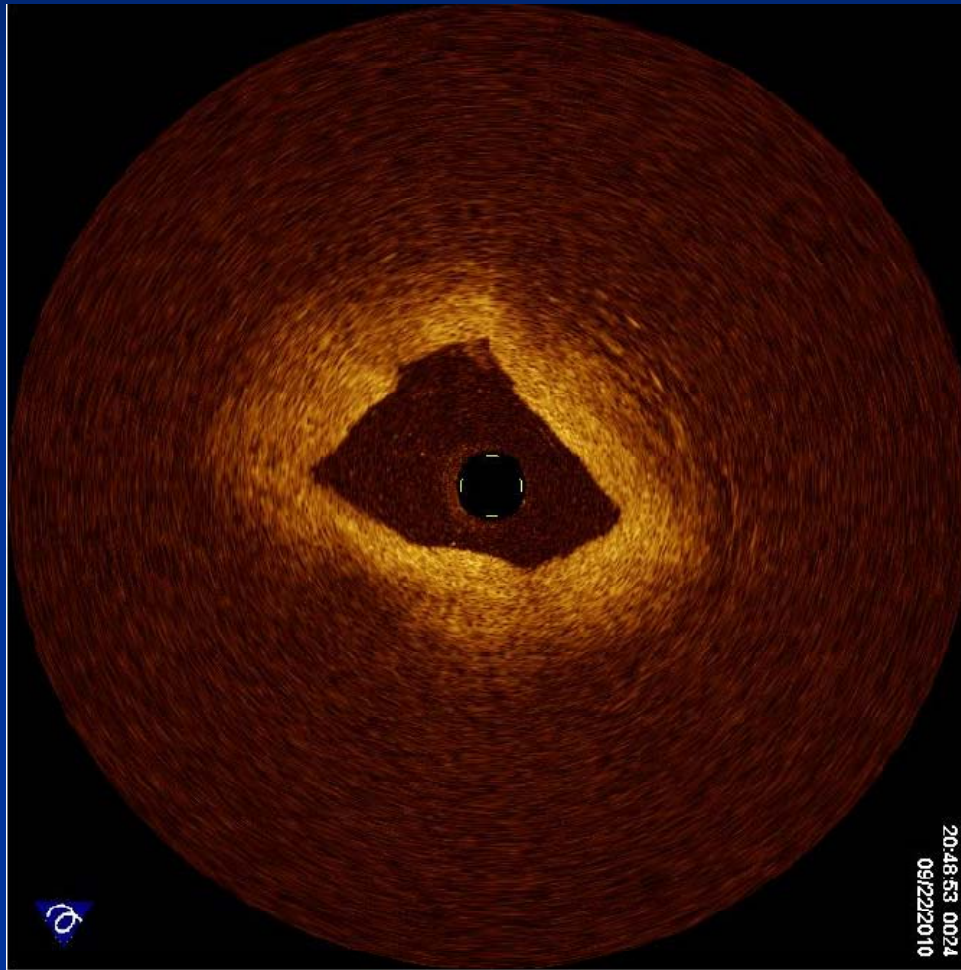
Absorption



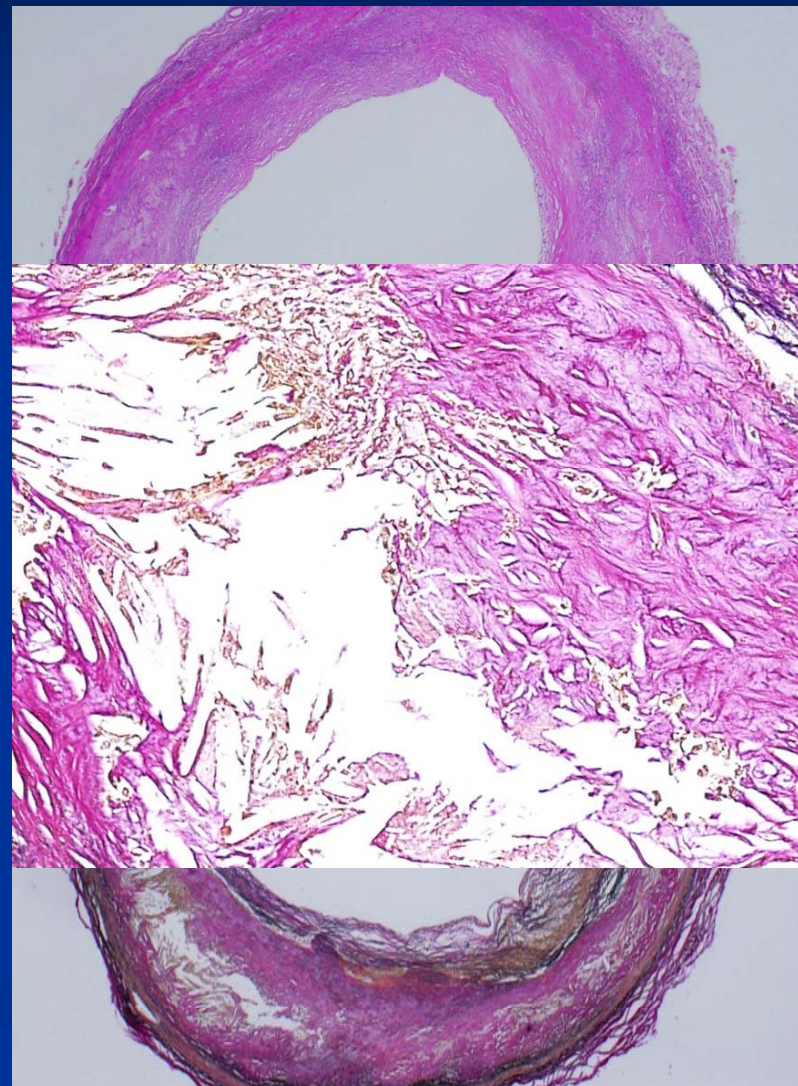
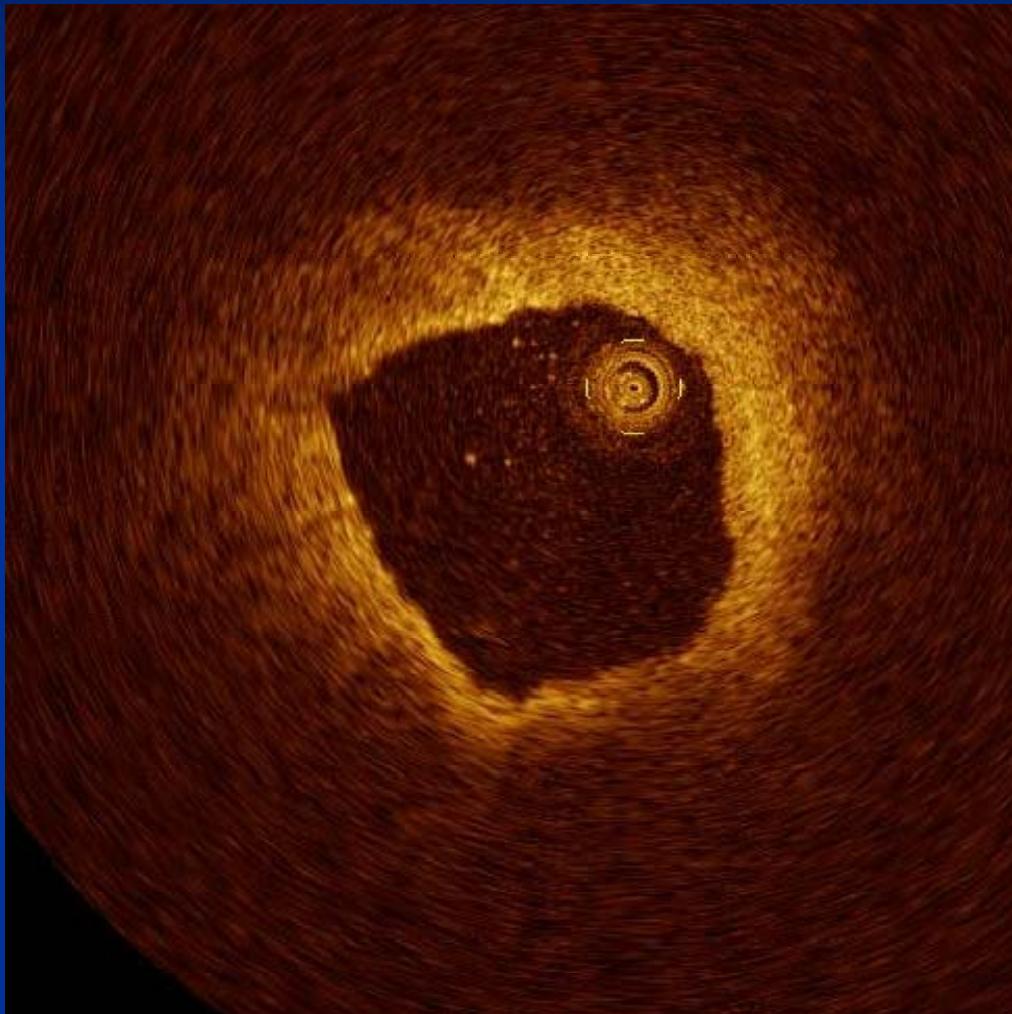
Scattering



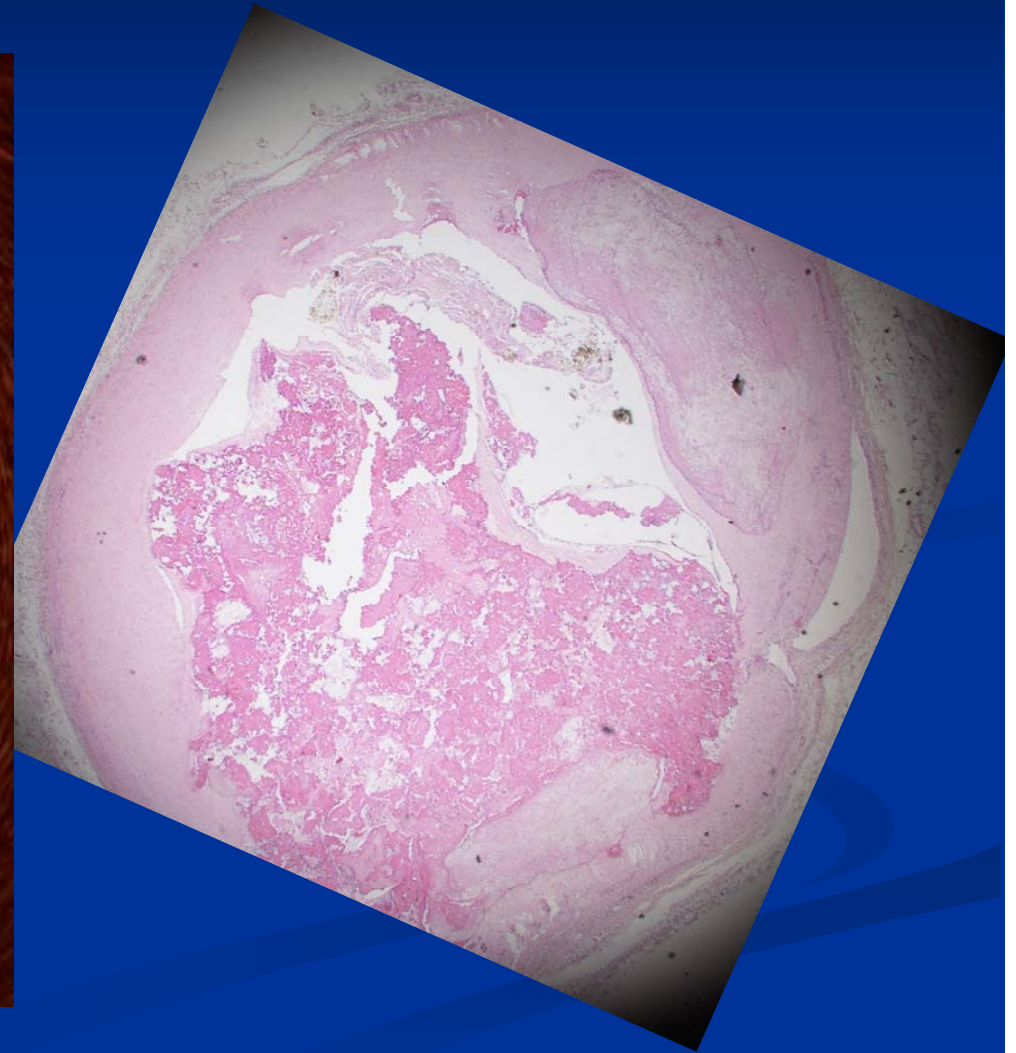
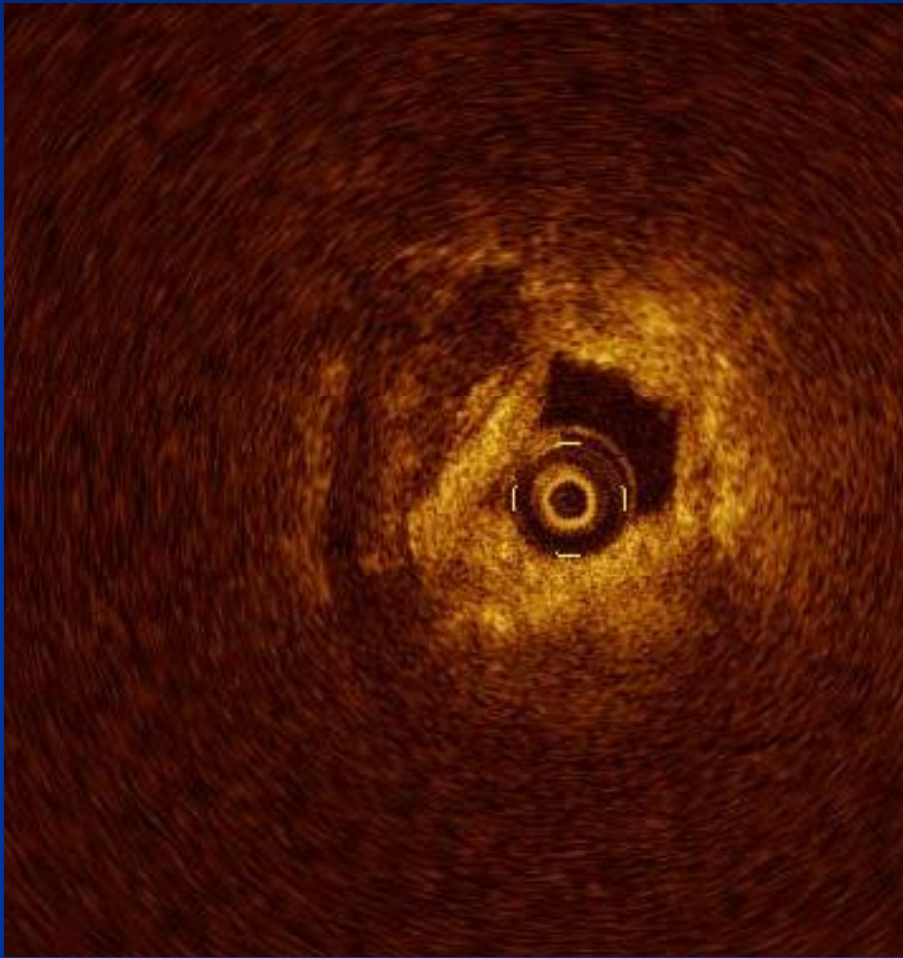
Stable fibrous tissue



Lipidic plaque

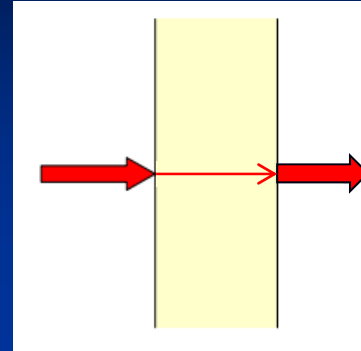


Calcified plaque



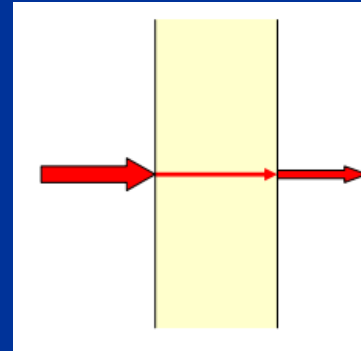
Light attenuation

Low attenuation



- Fibrous

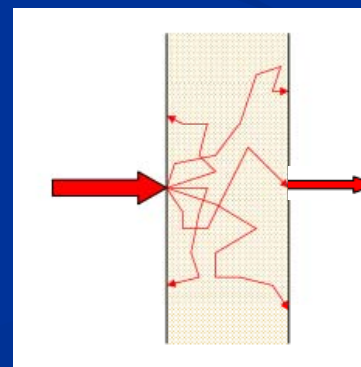
Absorption



- Lipid
- (Hemoglobin)

High attenuation

Scattering

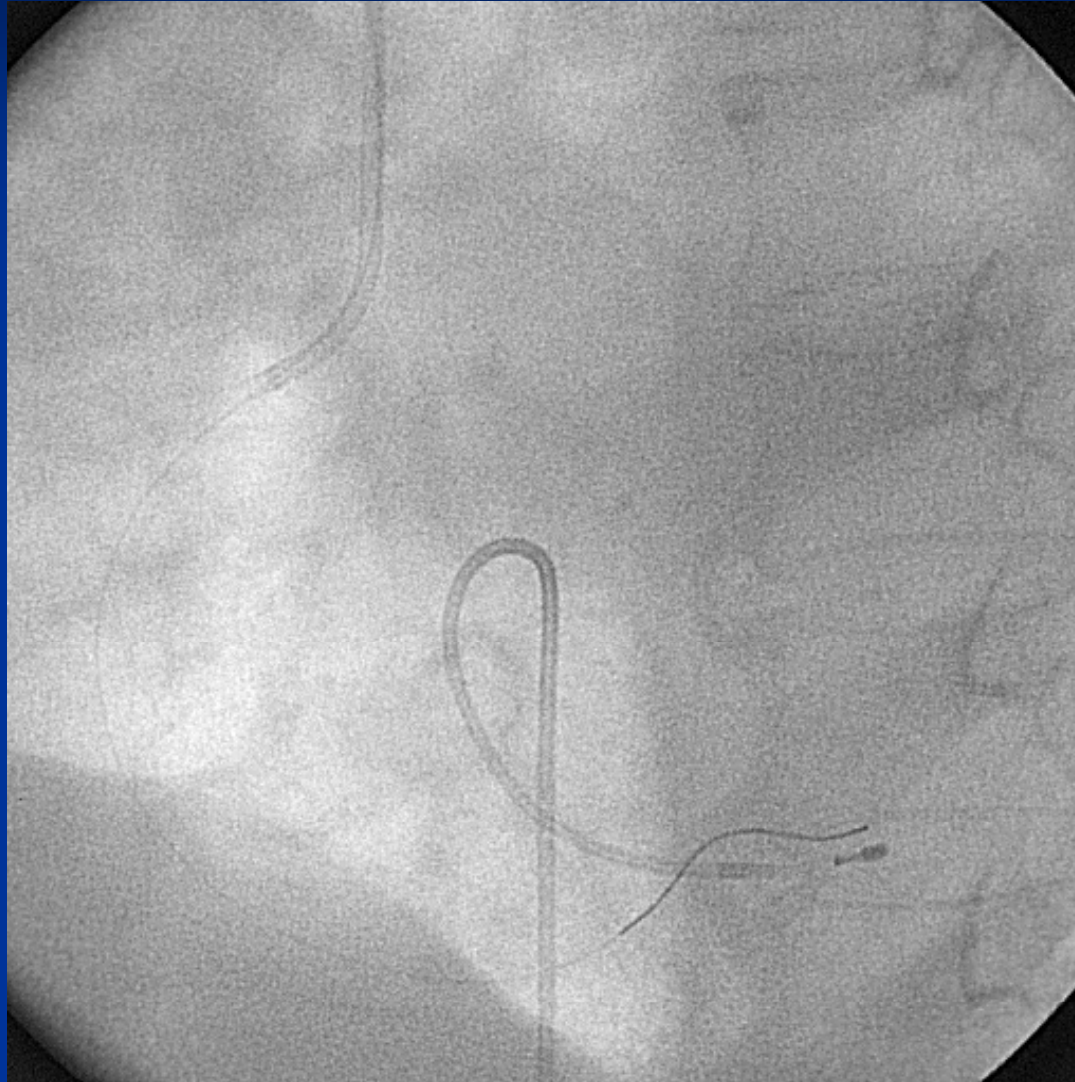


- Calcium

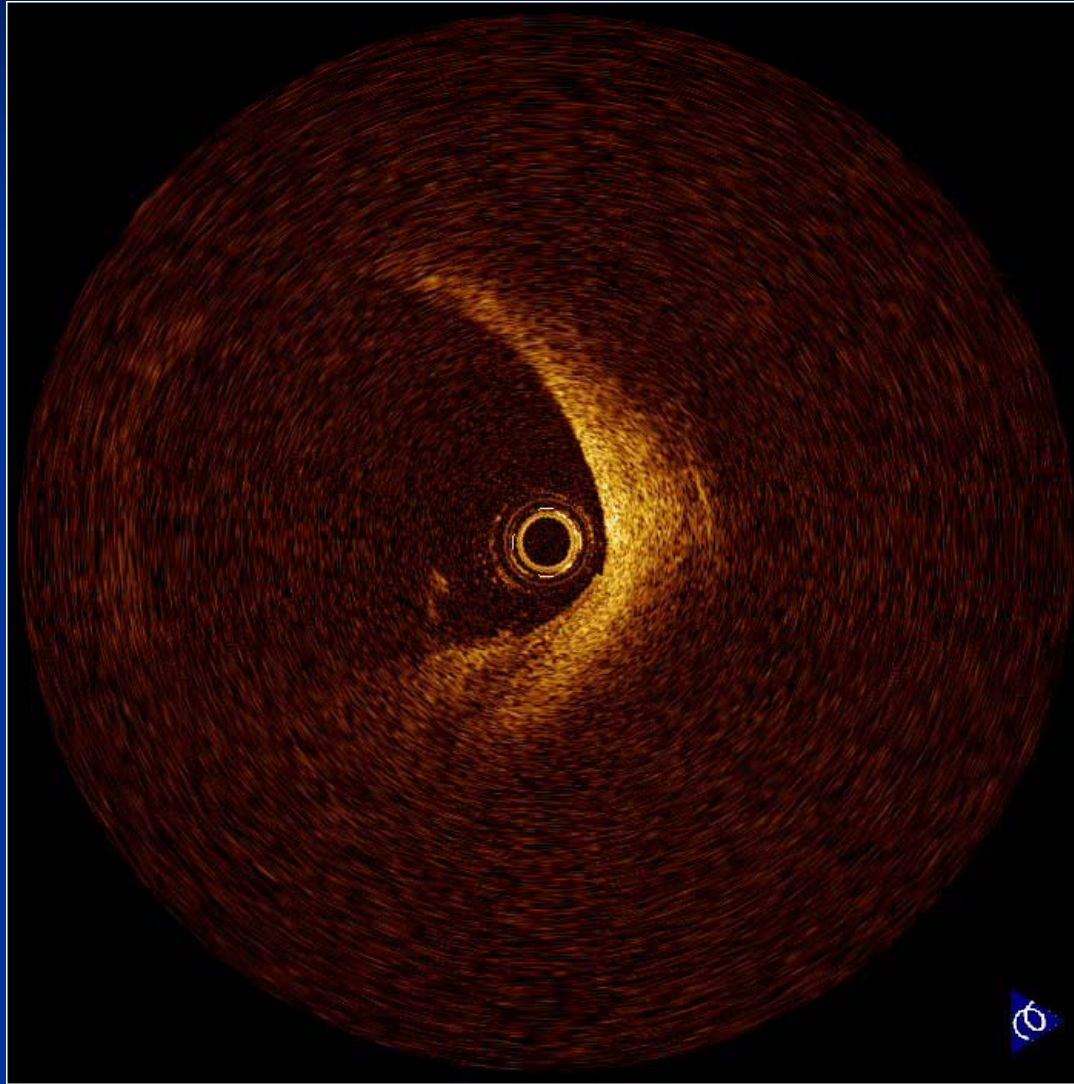
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1. **Plaque characterization in ACS pts**
2. Plaque characterization in SA pts
3. Pitfalls and artifacts

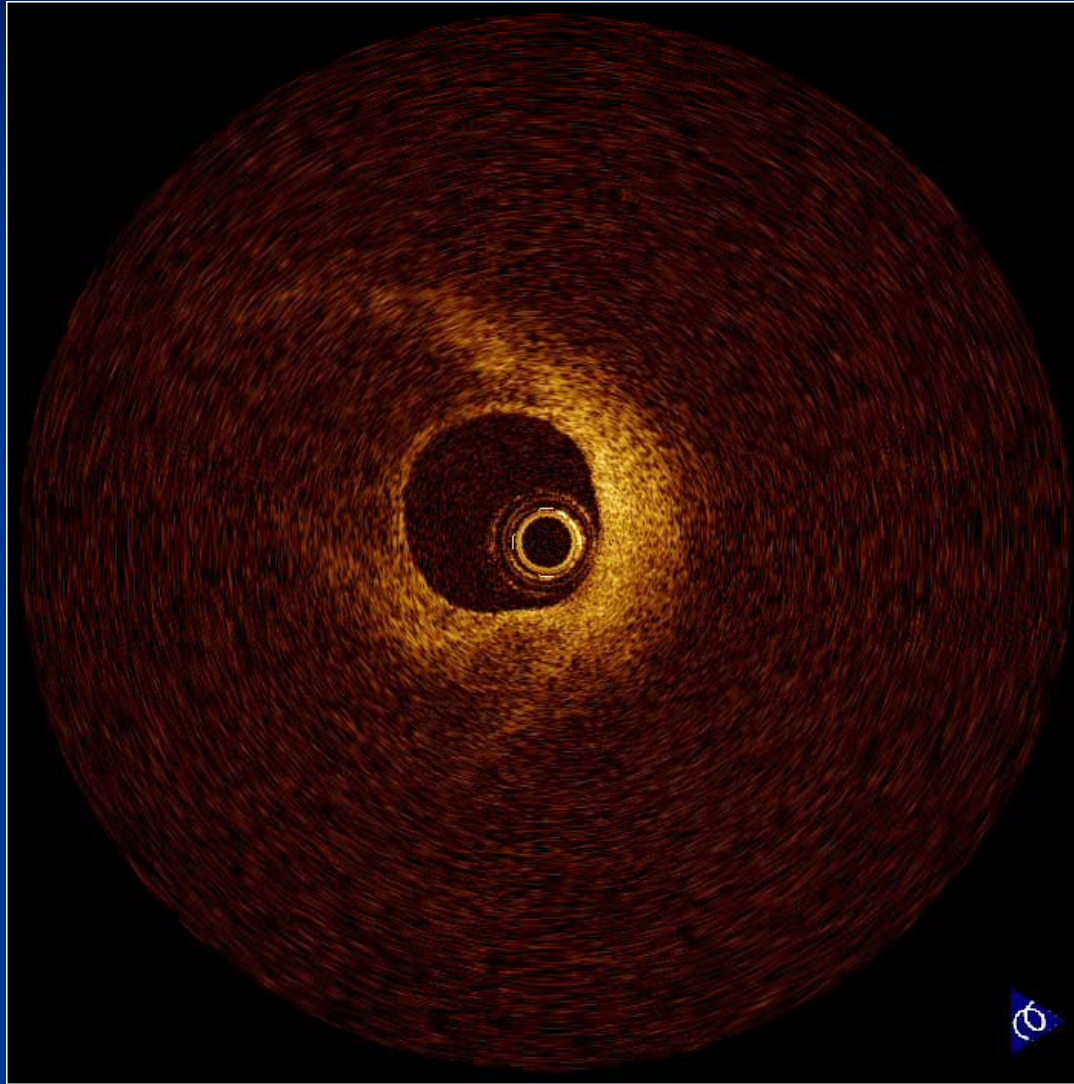
Case: Acute Myocardial Infarction



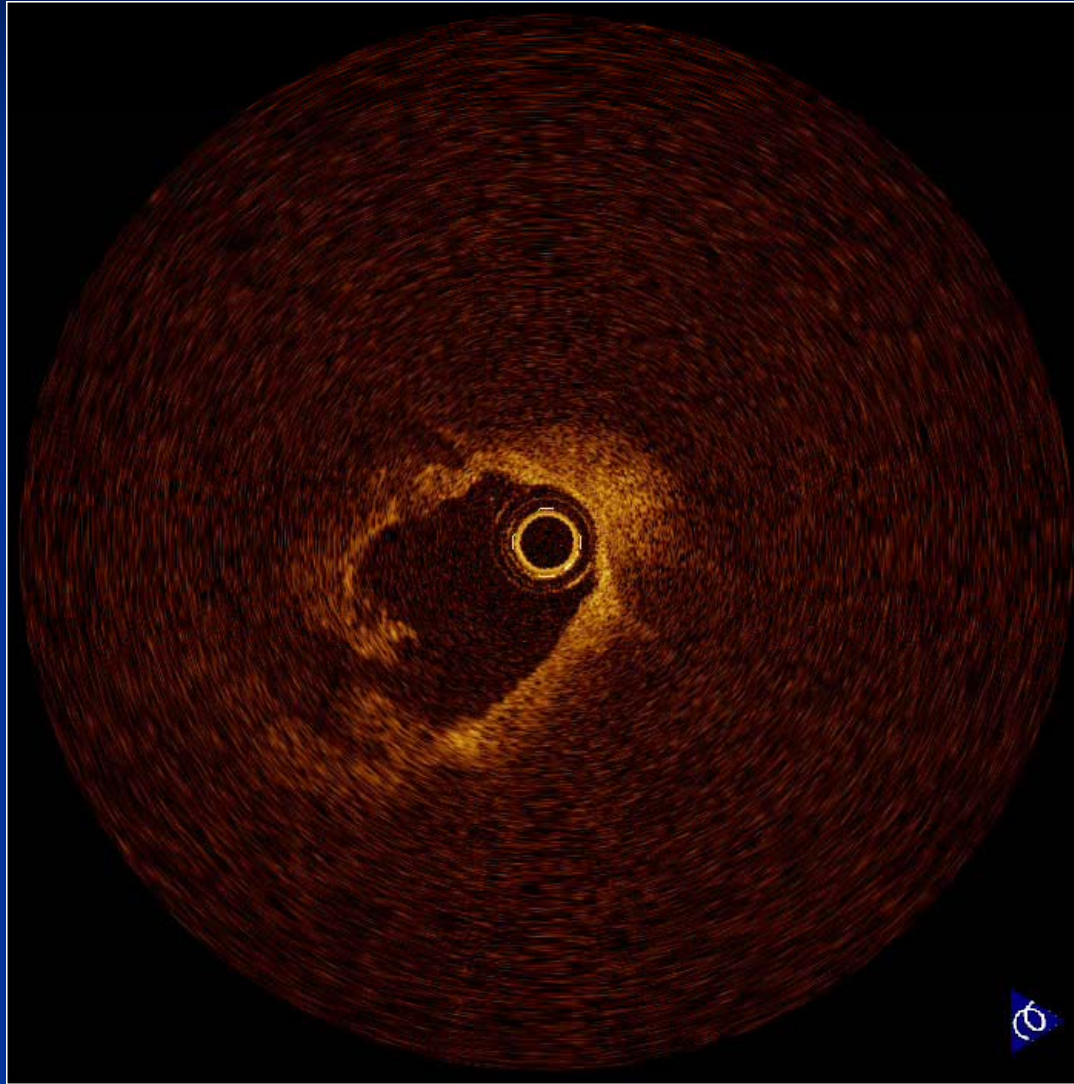
Case: Acute Myocardial Infarction



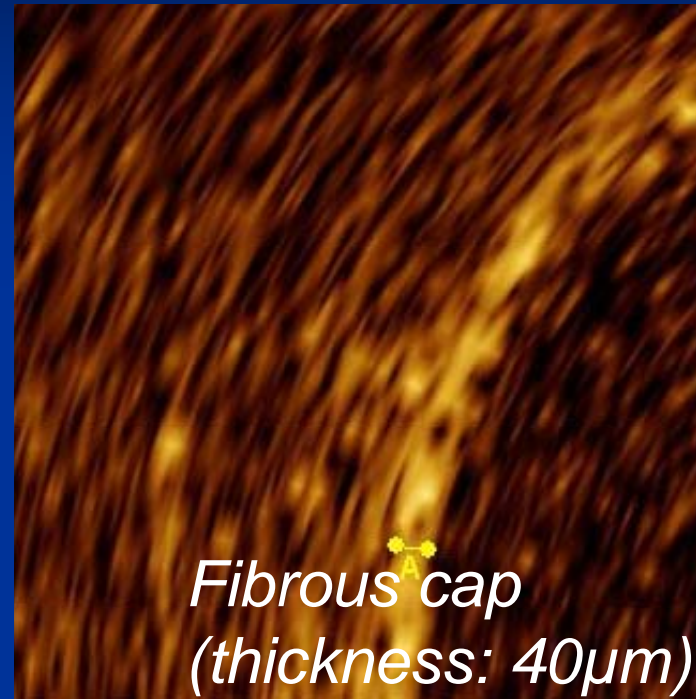
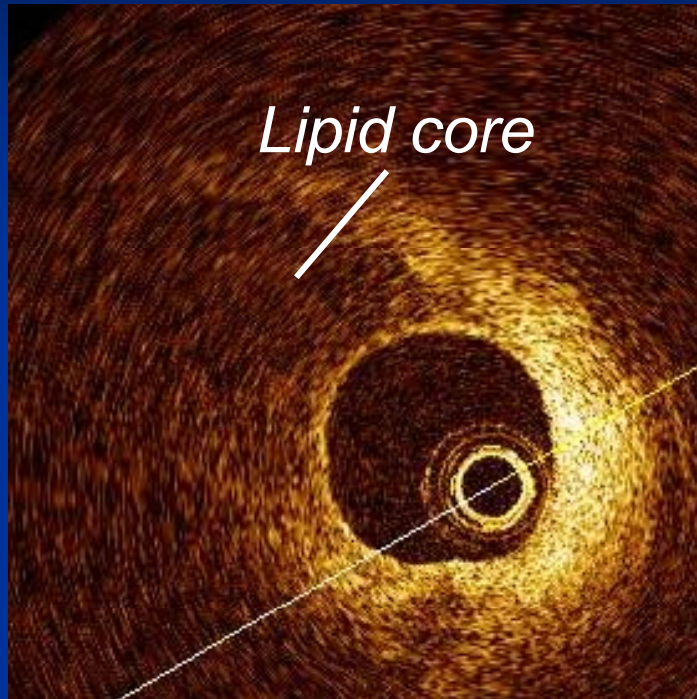
Case: Acute Myocardial Infarction



Case: Acute Myocardial Infarction



Thin-cap fibroatheroma (TCFA)

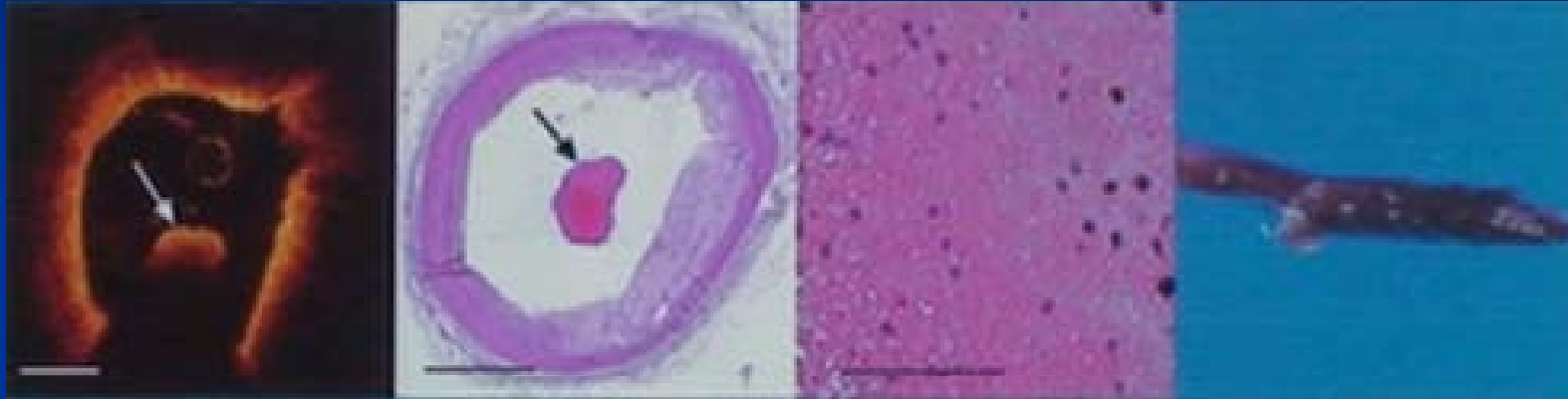


TCFA as a plaque with lipid content (1 quadrant within a plaque) and the thinnest part of a fibrous cap measuring $<65 \mu\text{m}$.

Fujii K, et al. J Am Coll Cardiol. 2008;52:787-8.

Intracoronary thrombus

Red thrombus: high OCT signal attenuation



White thrombus: relatively low OCT signal attenuation



Kume T, et al. Am J Cardiol. 2006;97:1713-17.

Histopathological validation

Left coronary artery

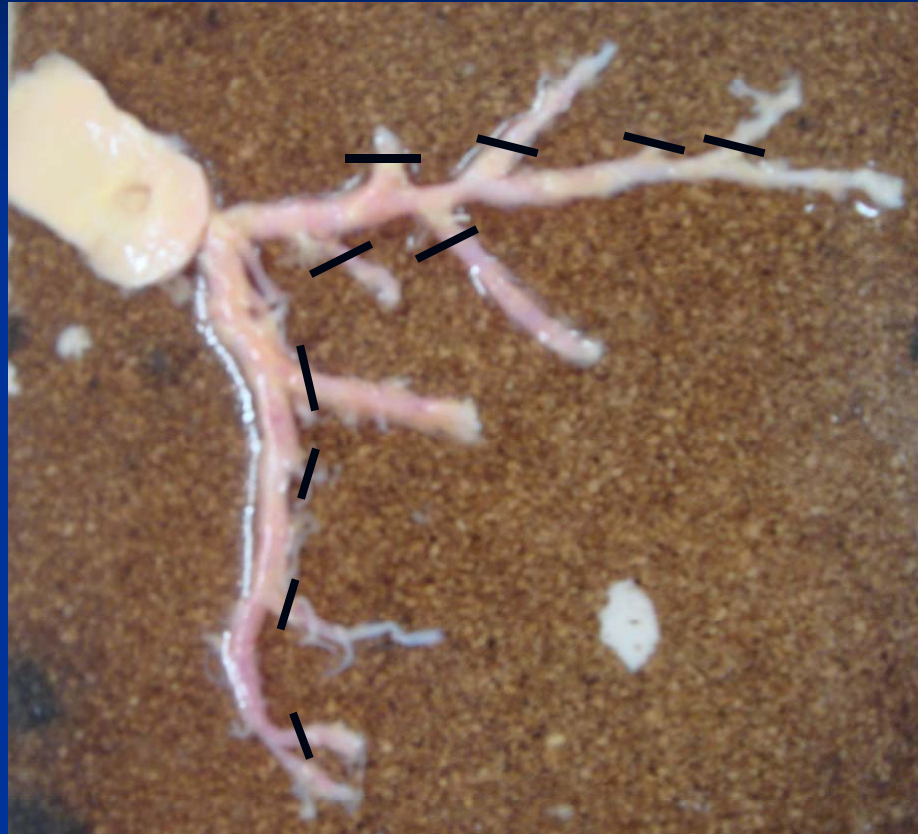


Right coronary artery



- ✓ The surrounding fat were dissected from each specimens carefully.

Histopathological validation



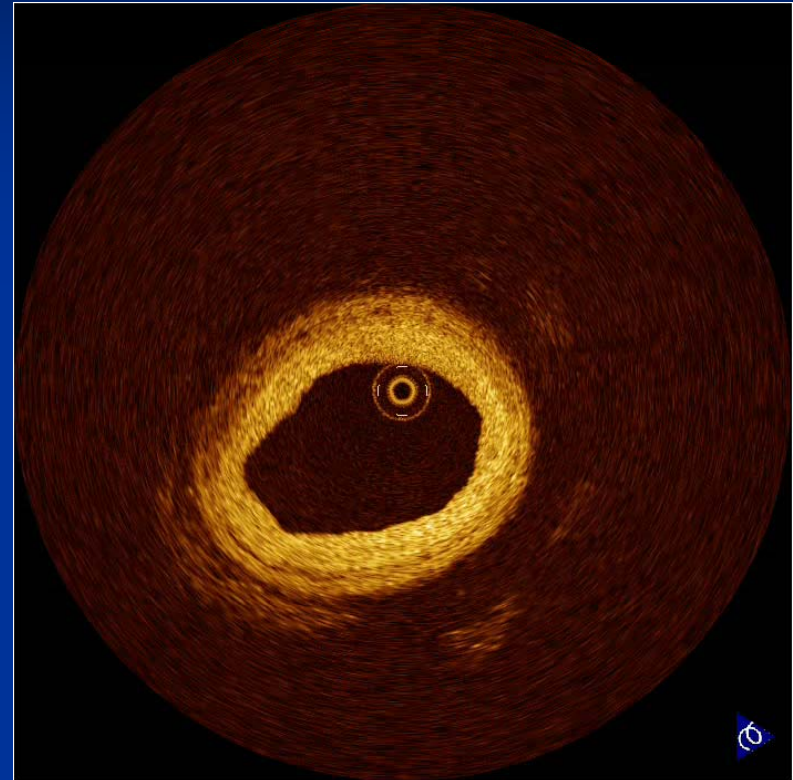
- ✓ The side branches were tied off with sutures.

Histopathological validation



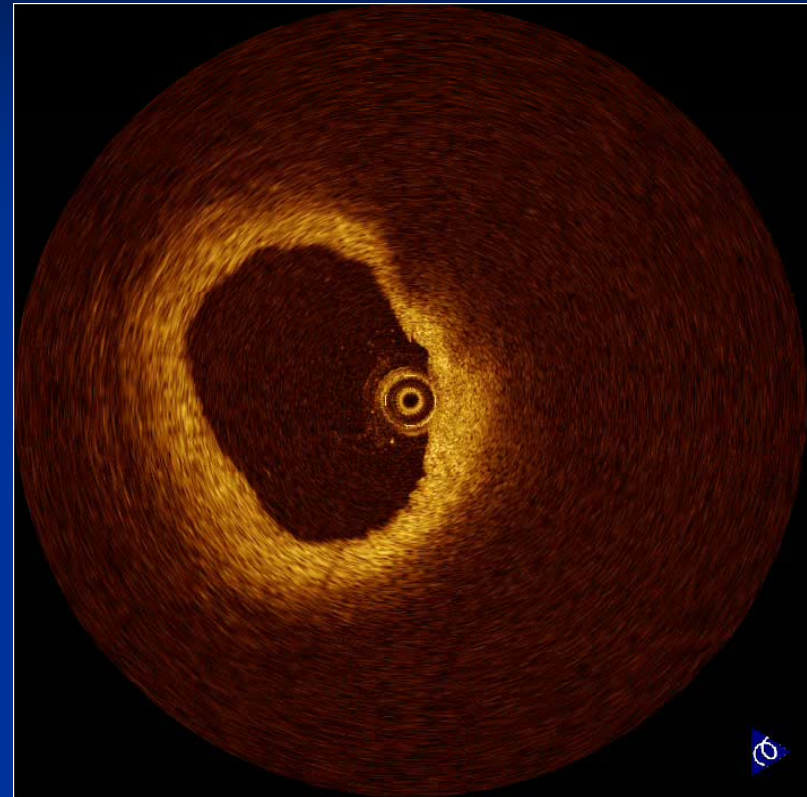
- ✓ OCT imaging wire from LightLab Imaging, Inc.
- ✓ OCT examinations with balloon occlusion method.
- ✓ Pullback (1.0mm/s) during lactated Ringer's infusion.
- ✓ Imaging of the whole coronary artery step-by-step every 50mm length from the distal end to the ostium.

Histopathological validation



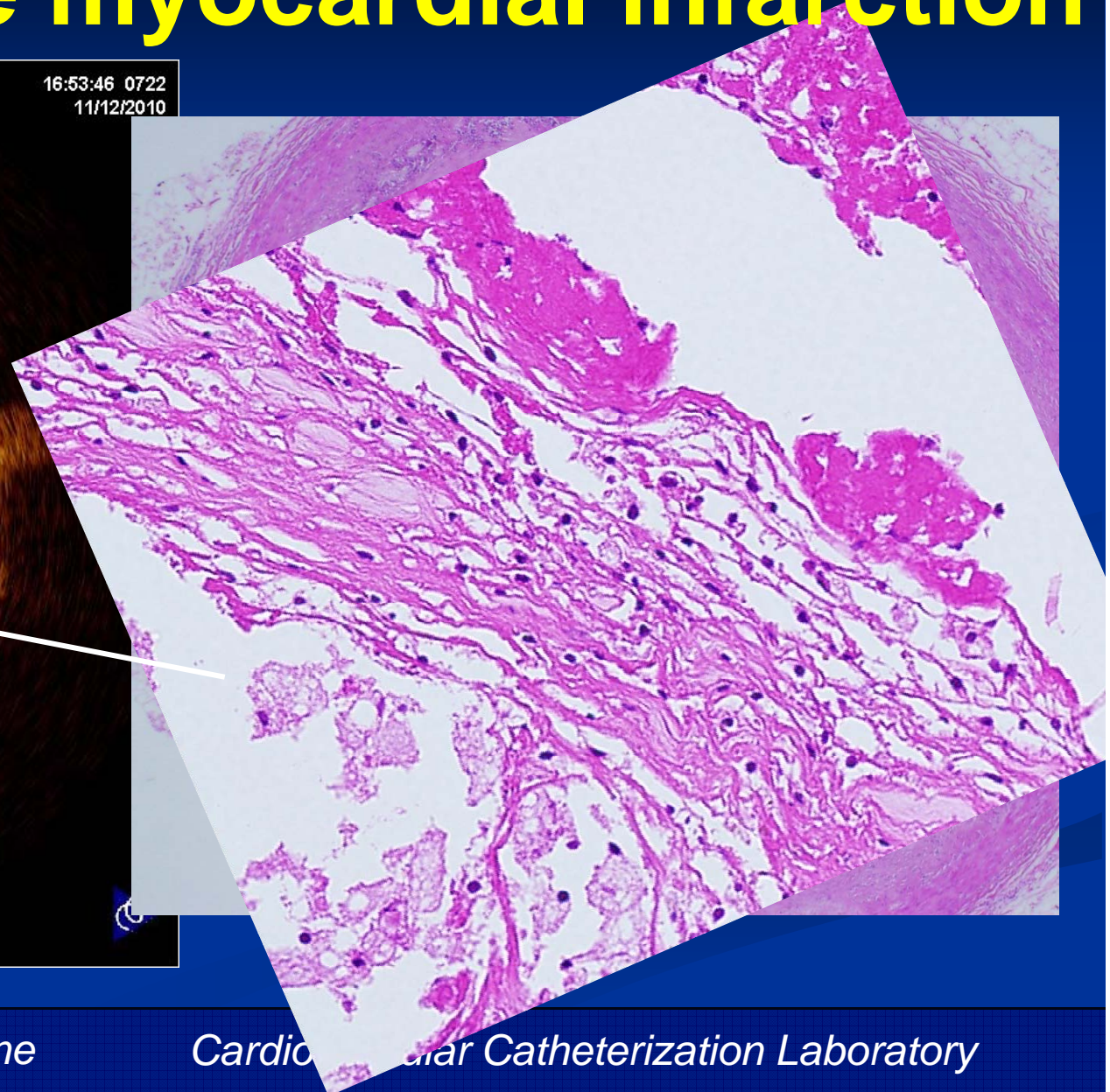
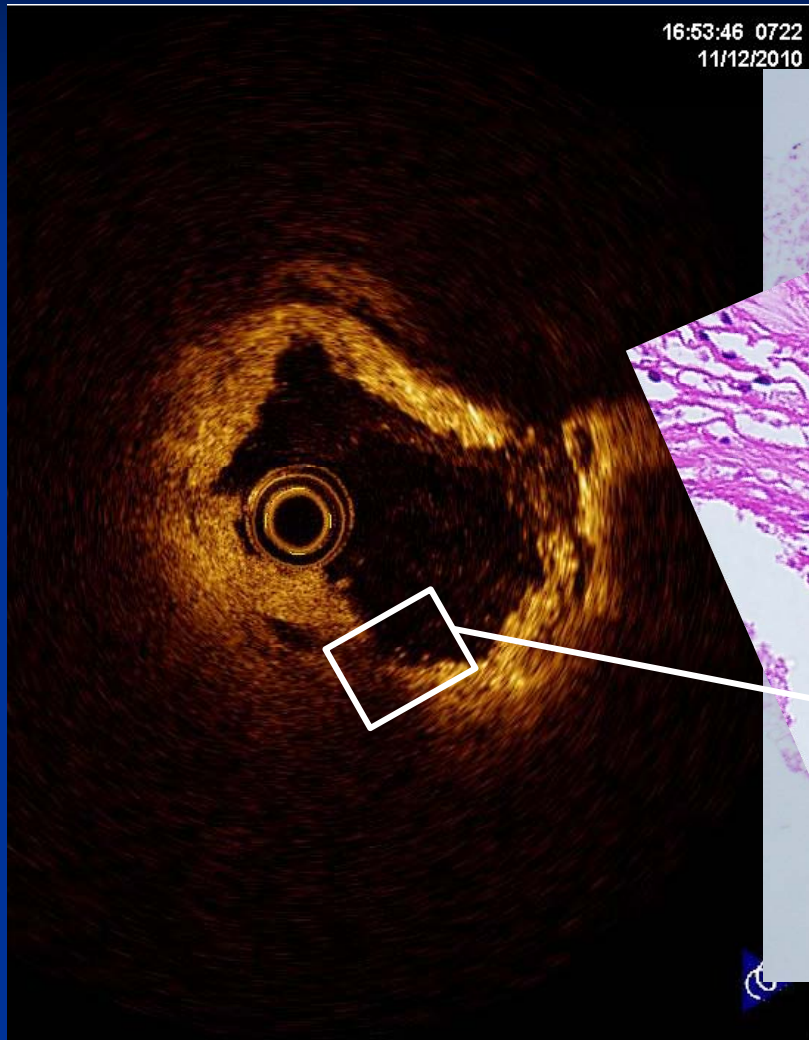
- ✓ The position of the interrogating beam on the tissue was monitored by a visible light beam.

Histopathological validation

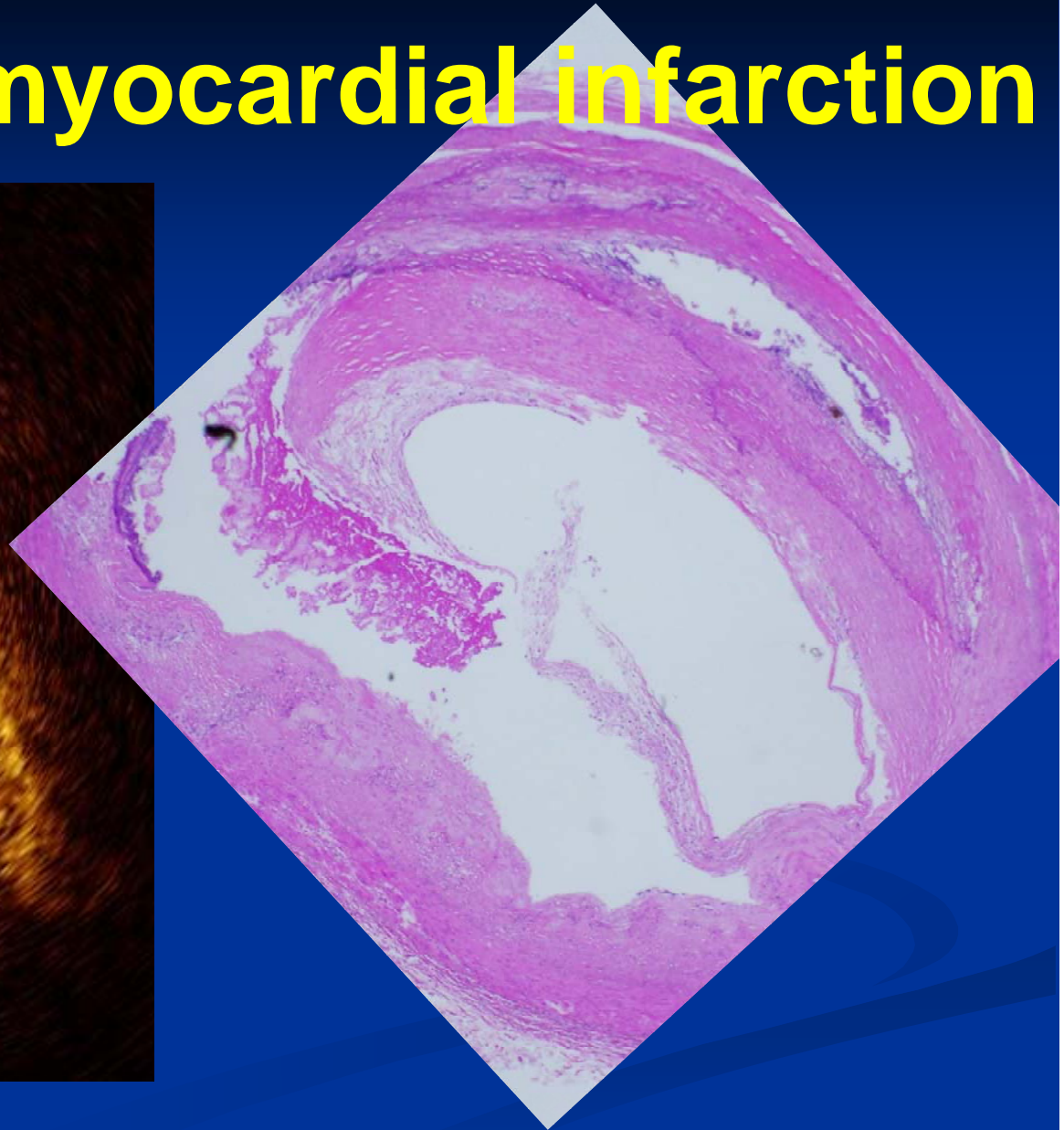


- ✓ To clarify the cross sectional position of the region of interest, surgical needle with thread were carefully inserted in the coronary arteries.

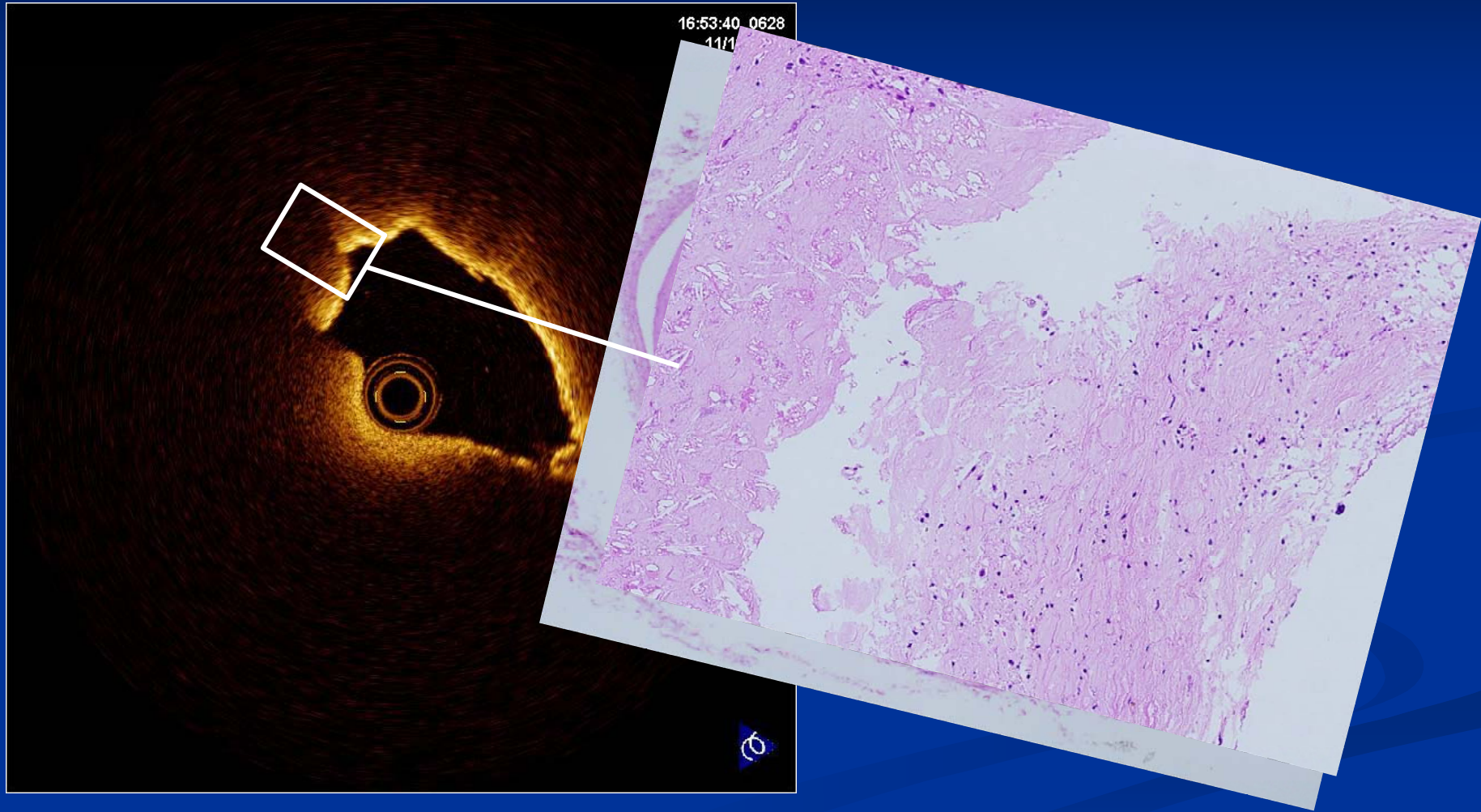
Case: acute myocardial infarction



Case: acute myocardial infarction



Case: acute myocardial infarction



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Background

Previous reports of TCFA frequency using intracoronary OCT have suggested much higher frequencies in patients with stable angina.

	n	Ruptured Plaque	Fibrous Cap Atheroma	
			Cap <65 μm	65 μm \leq Cap <100 μm
Non-CV	13	4 (0.31)	4 (0.31)	3 (0.23)
(+) rupture	14	19 (1.36)	17 (1.21)	4 (0.29)
(-) rupture	36	0 (0)	6 (0.17)	19 (0.53)

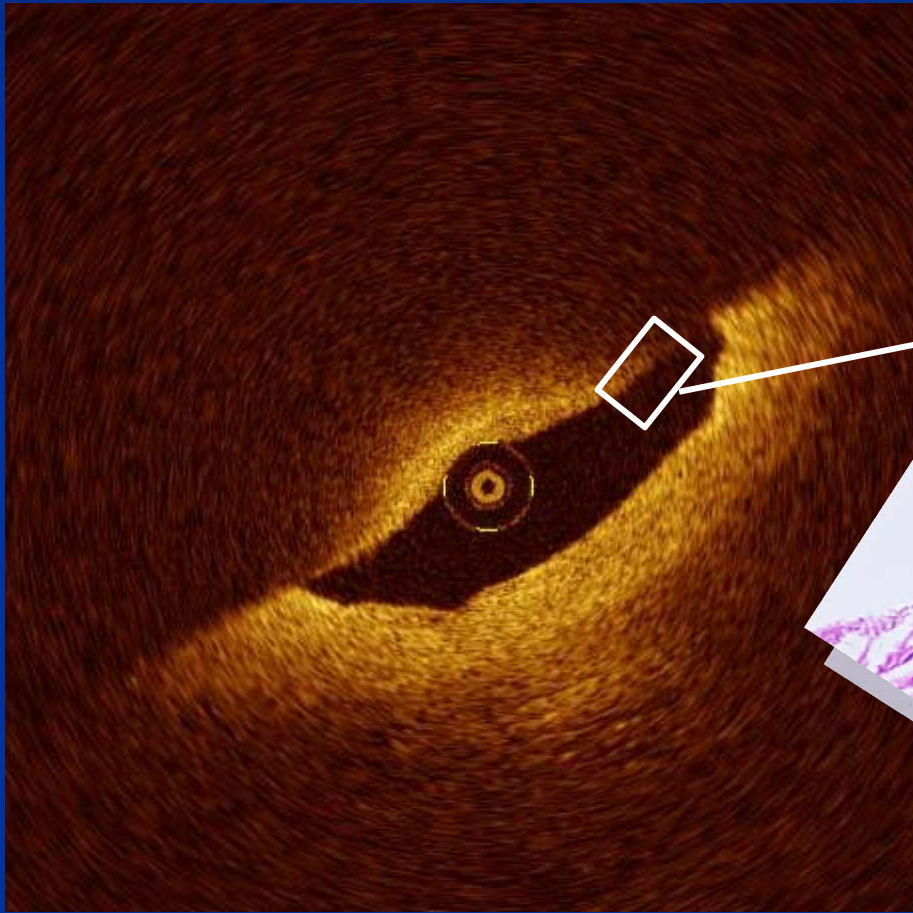
Schmermund A, et al. *Atherosclerosis*. 2001;155:499-508.

Cheruvu PK et al. *J Am Coll Cardiol*. 2007;50:940-9.

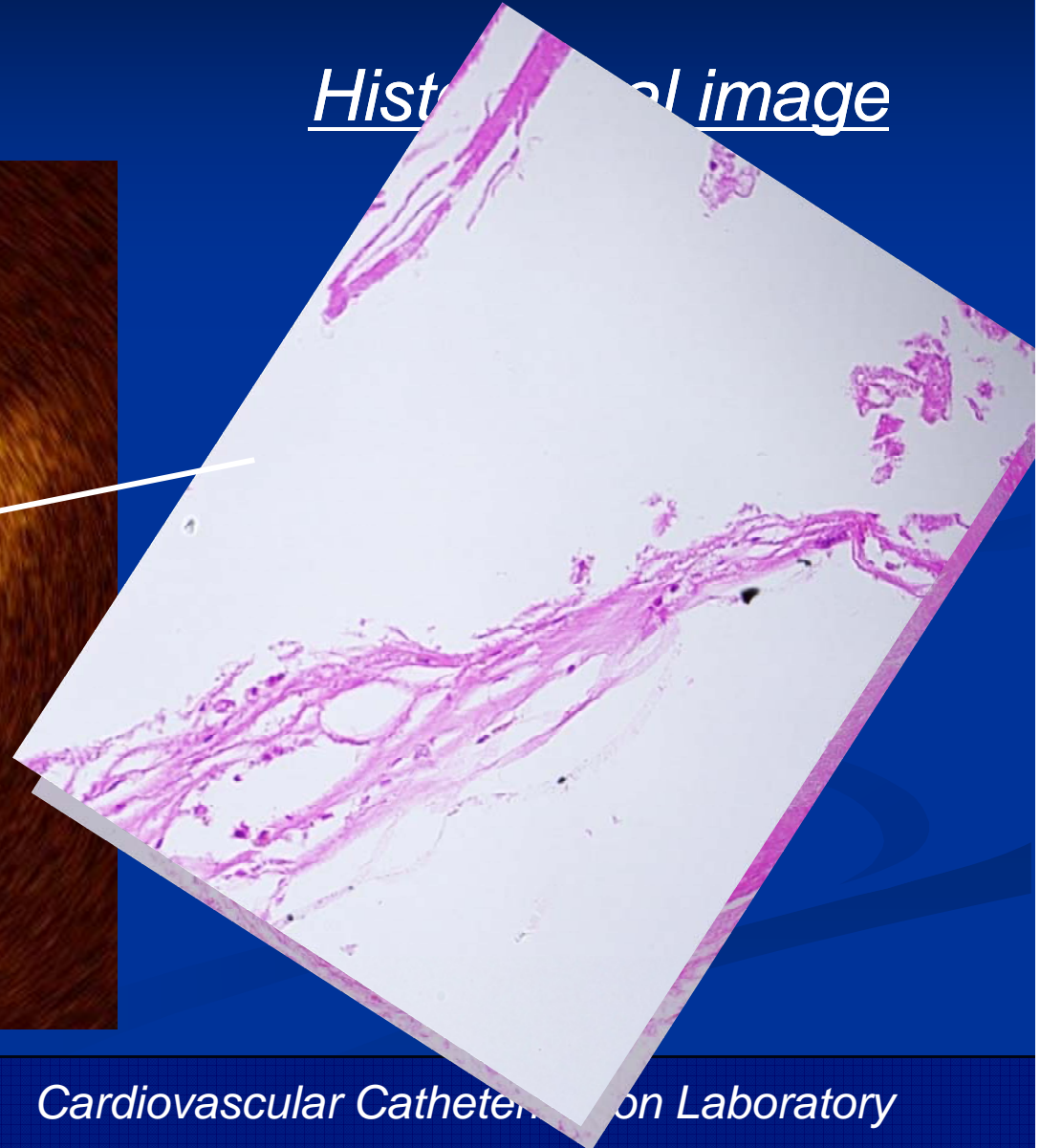


Case 1: non ACS

OCT image

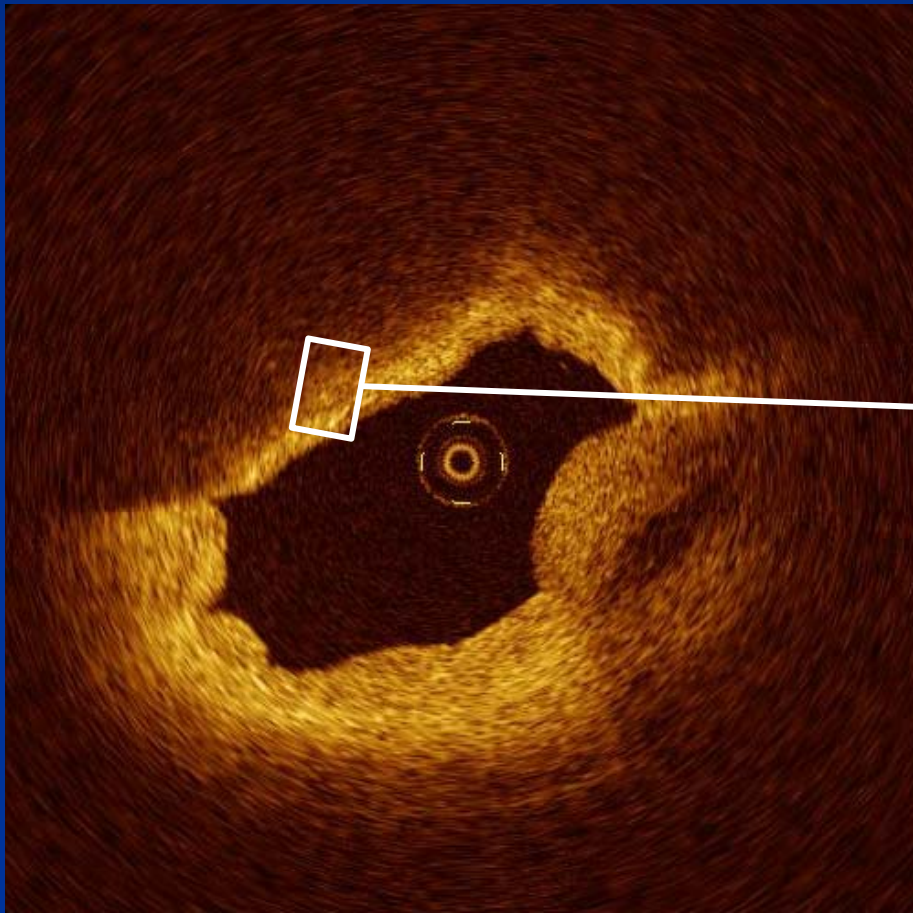


Histological image

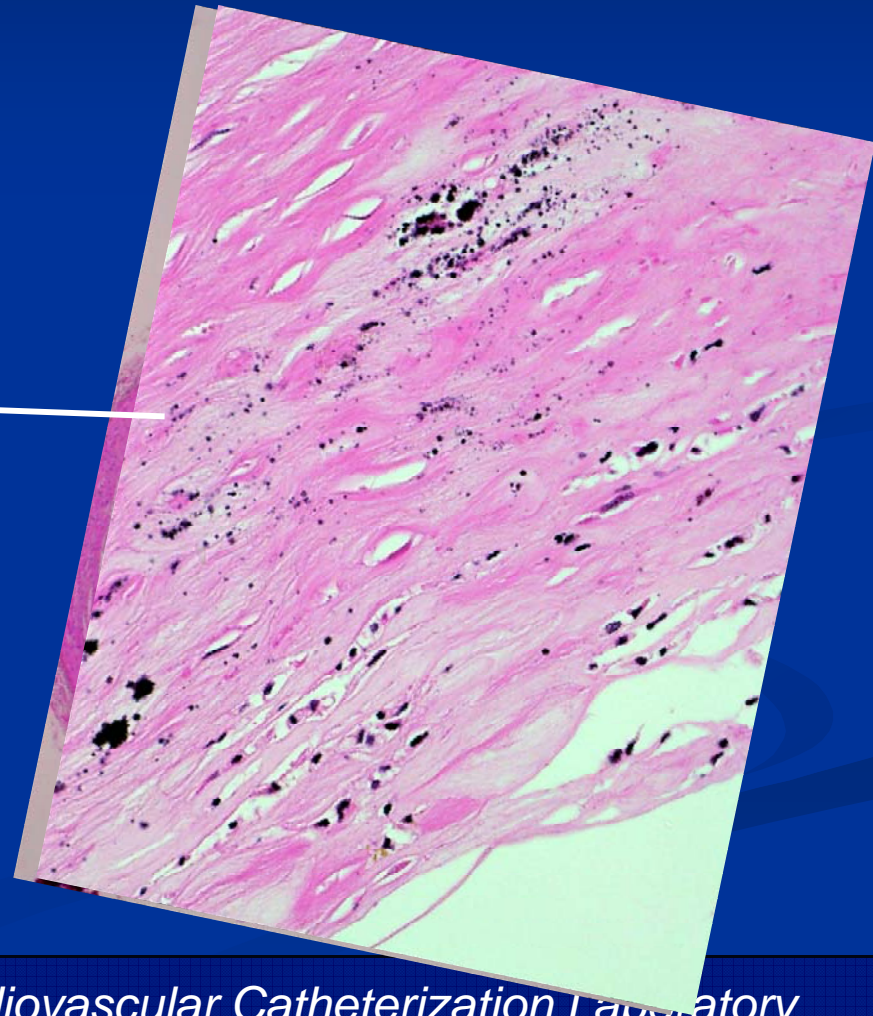


Case 2: non ACS

OCT image

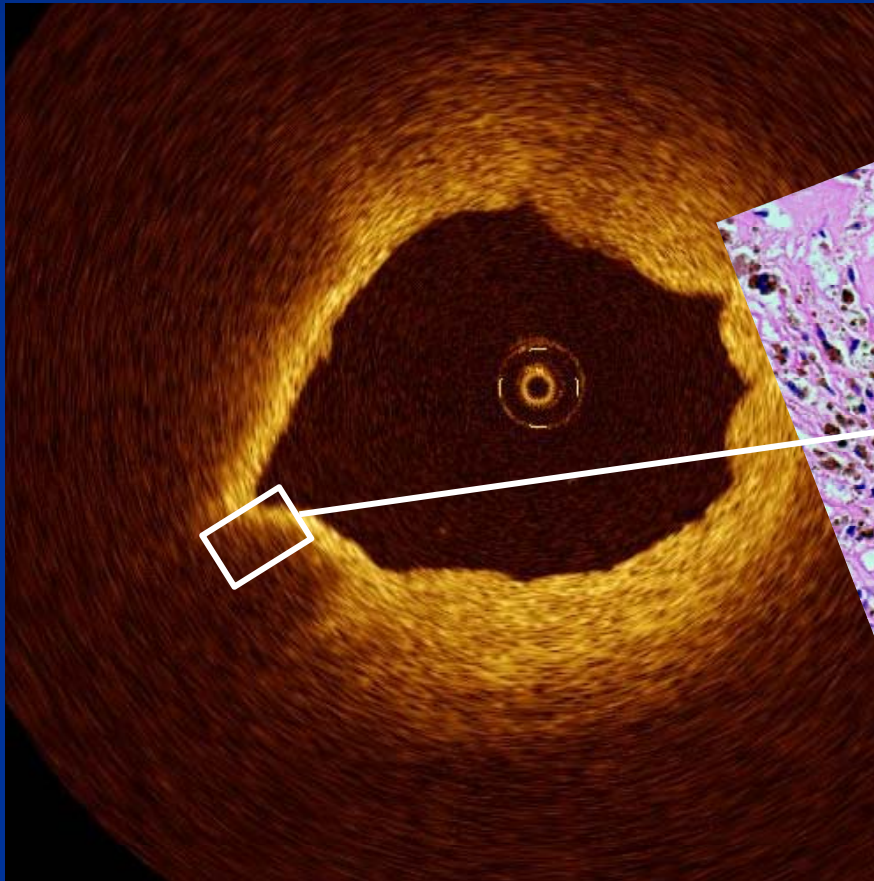


Histological image

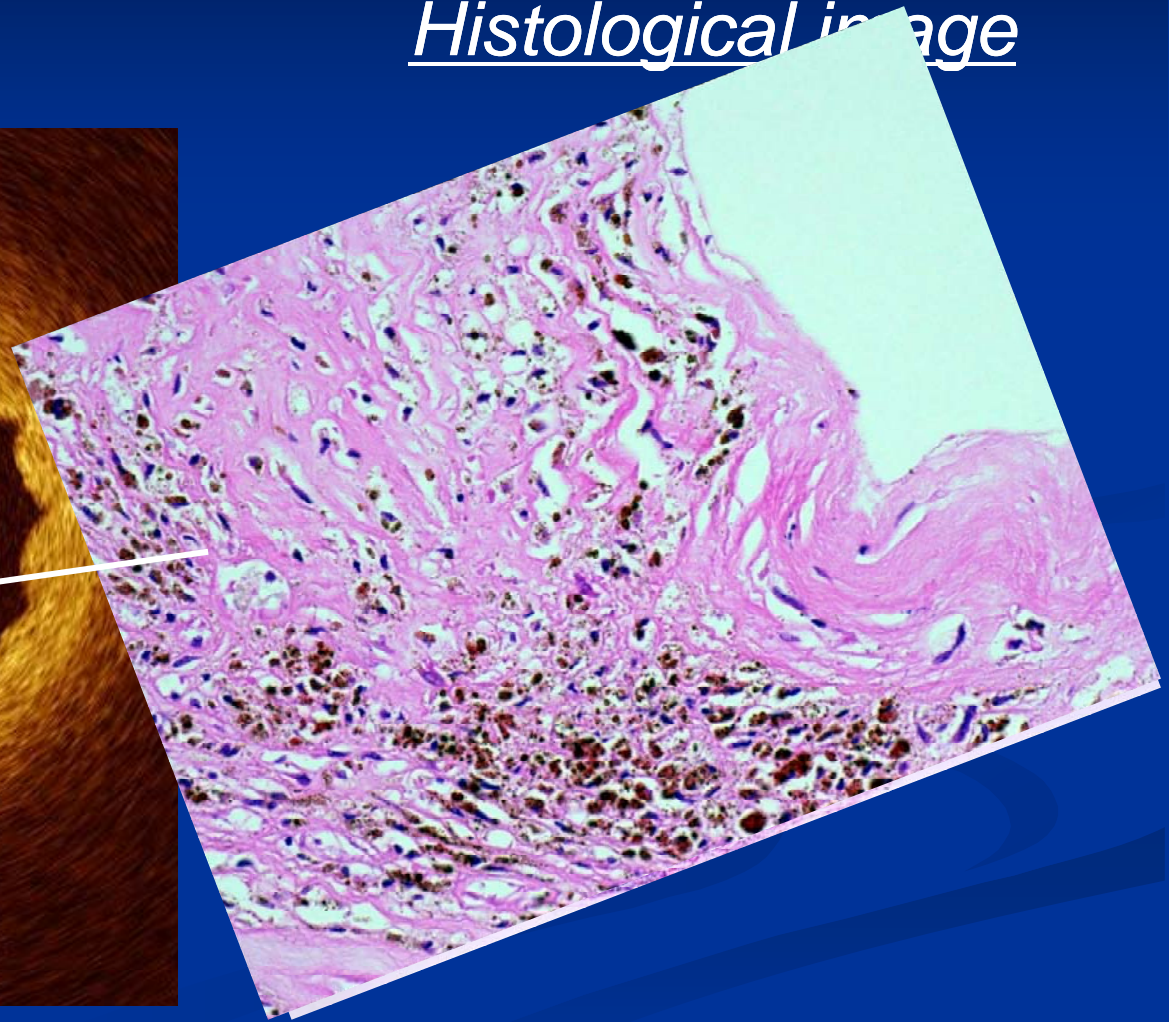


Case 3: non ACS

OCT image

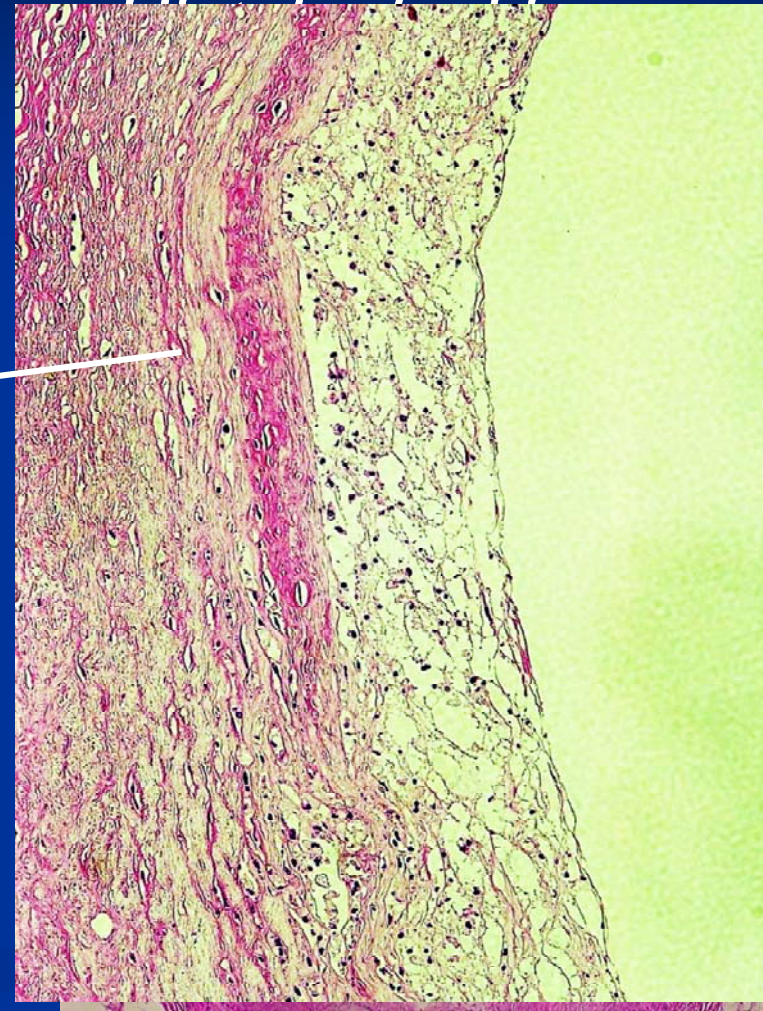
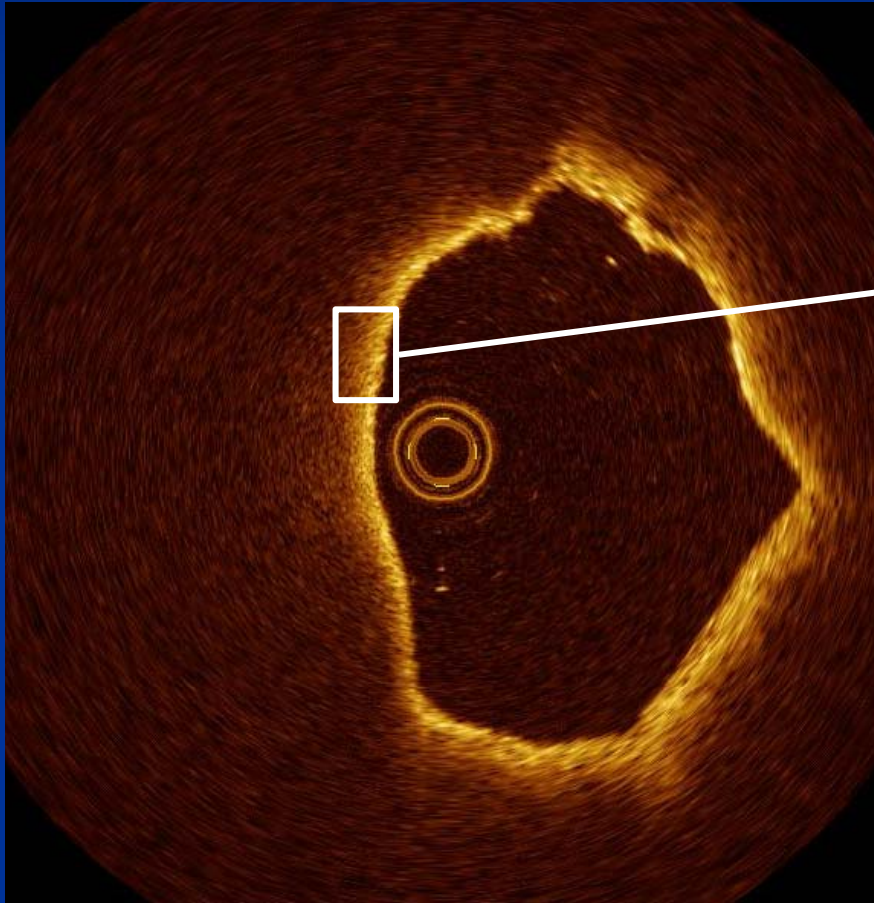


Histological image



Case 4: non ACS

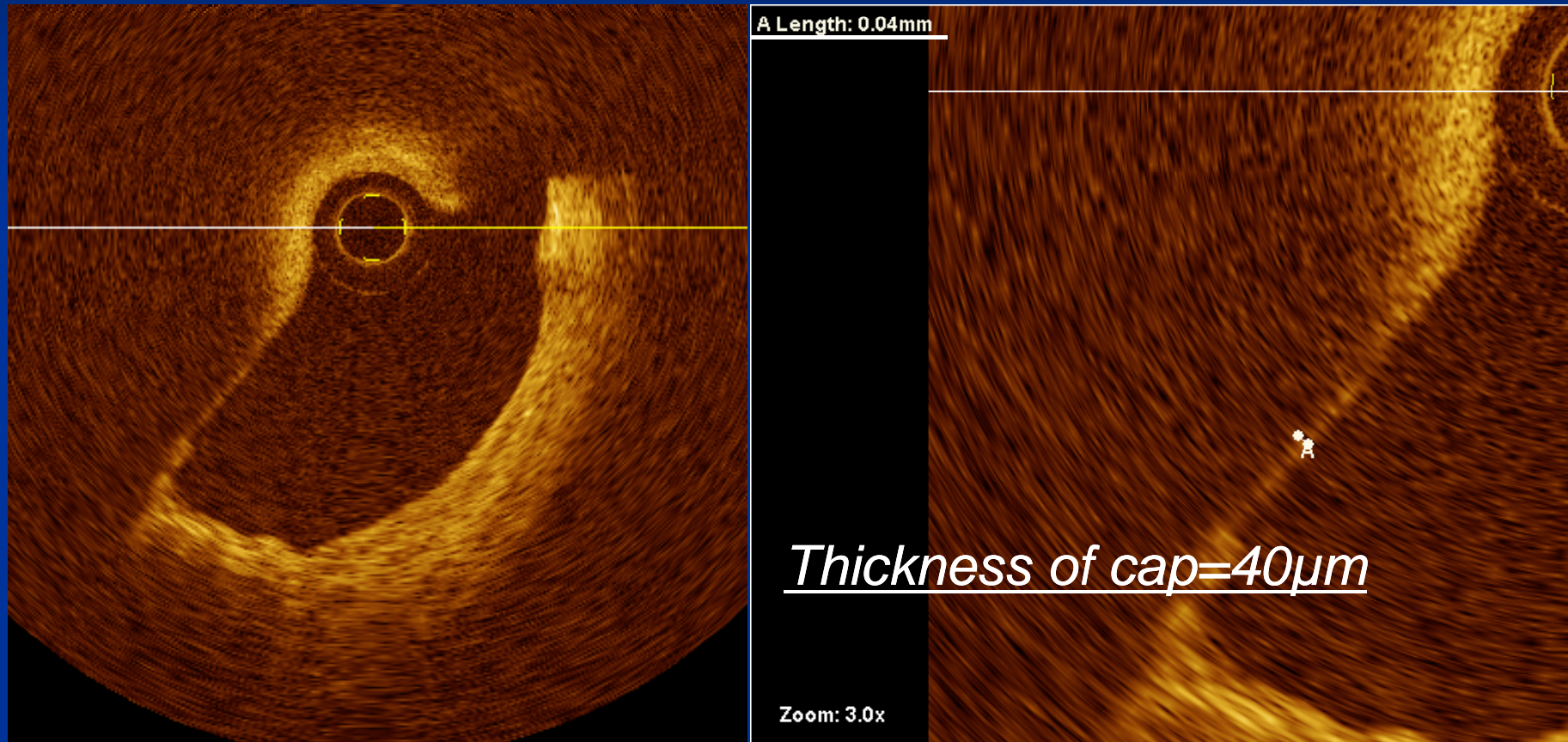
OCT image



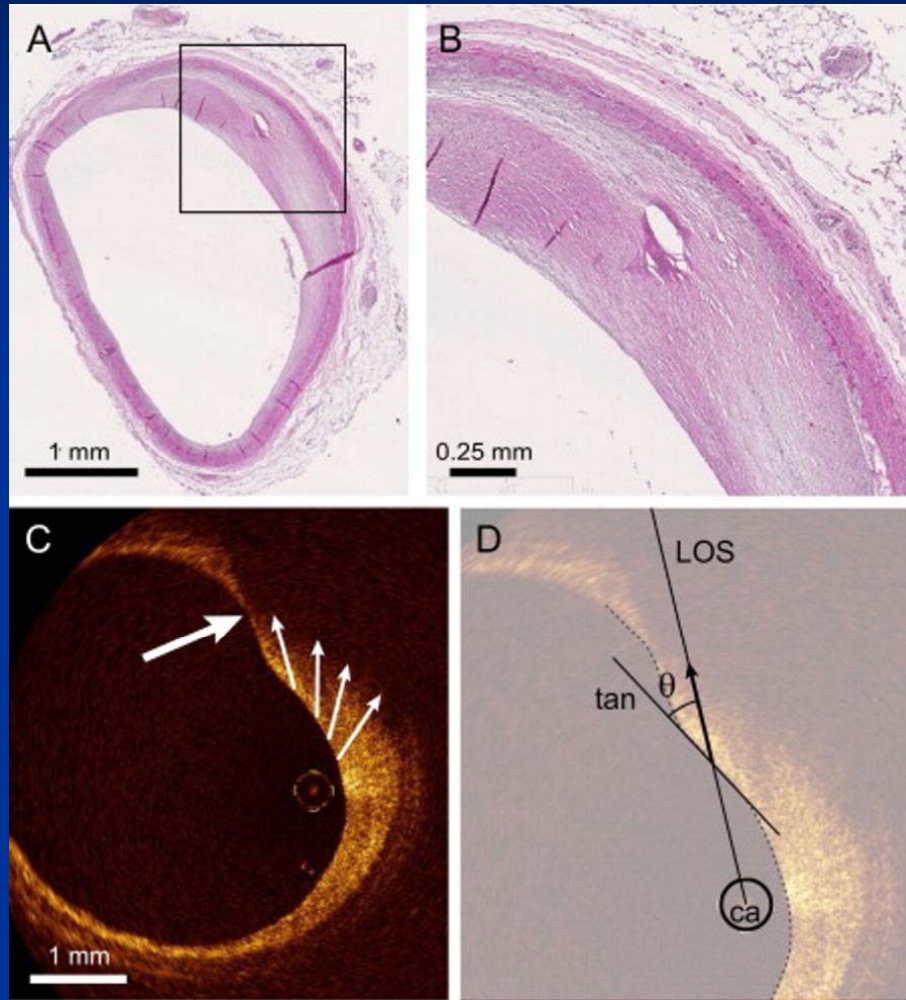
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Large necrotic core?



Tangential signal drop

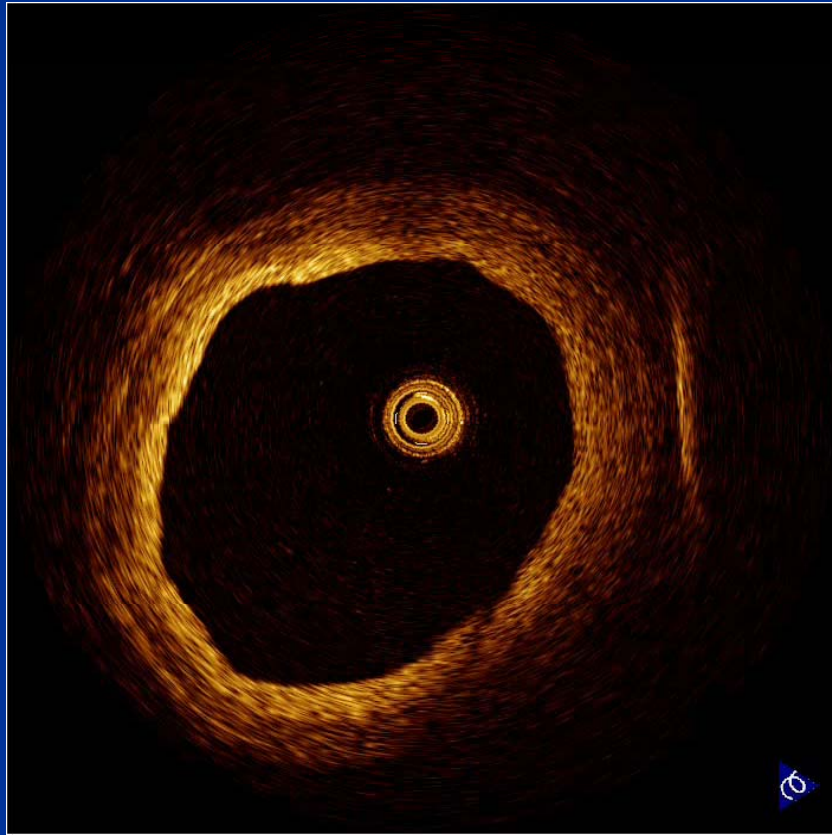


If the imaging beam strikes the tissue under a glancing angle, a low intensity area with diffuse borders, covered by a thin signal-rich layer, can arise, which appears like lipid-rich plaque covered by a fibrous cap.

van Soest G, et al. JACC Cardiovasc Imaging. 2011;4:810-3.

Tangential signal drop

grasping the specimen with tweezers



Take home messages

- ✓ OCT provides accurate tissue morphology *in vivo* (e.g. TCFA, thrombus, calcium).
- ✓ Coronary plaque is highly heterogeneous, especially in patient with stable angina.
- ✓ In addition to necrotic core (lipid core), OCT light is attenuated by several components.
- ✓ If the OCT beam strikes the vessel wall obliquely, the evaluation should be performed carefully.